

Emerson Eaglet

March, 2018



Principal's Message

March is health and wellness month at Emerson! Students will be participating in activities that promote living a healthy lifestyle. Each child is encouraged to bring in a healthy recipe to share in an Emerson cookbook, take a photograph of themselves engaging in a healthy activity, and complete each of the activities on the health and wellness calendar. We even have some Utah Grizzlies players joining us for a recess with broom hockey. I encourage you and your students to support the Emerson wellness month.

Kindergarten orientation is coming! We are looking for kindergarten students who live in the Emerson boundaries. Please call the Emerson office and inform us if you have a child who will be attending kindergarten next fall. Pass the word to your neighbors who have young children, as well. The kindergarten orientation and registration is scheduled for April 6th at 1:00pm.

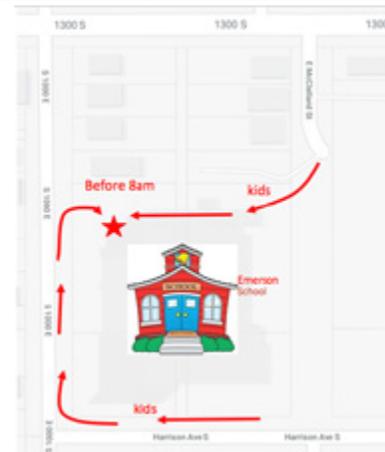
On a serious note, Emerson will have additional locks and cameras installed on our front doors this month. Visitors will have to press a button and have the doors unlocked by personnel in the office in order to gain entrance to our school. This extra layer of school security is an additional measure to keep students' safe. Please be patient with this process and understand that it is in the interest of student safety.

Wishing each of you an awesome spring break. Yes, spring is right around the corner!

- Ms. Reynolds



March	Wellness Month
26th – 30th	Spring Break
<u>April</u>	
4th	PTA Meeting 6:30pm
6th	Rico food sales 12:30pm
13th	Kindergarten Orientation 1:00pm
19th	Art Night
26th	½ Day
27th	Non-Student Day



Morning Traffic Flow

There has been a positive increase in morning traffic flow from the new morning traffic map. Thank you to parents. The circle in the back has improved 100 percent.

<https://www.emersonptasc.org/morning-drop-off-map>

PAWS IN THE AIR!!!



Thanks to our PURR-IFIC Emerson Community, our "Paws For Reading" Book Fair was a huge success with record Book Sales of \$9,215.00, and "All For Books" donations of \$430.72.

Ms. Nelson will use all profits and proceeds to improve her amazing library. Thanks to all for stopping in to put Great Tails into our kids hands. Happy Reading!!



Emerson's International Pathways Classes Explore Nature's Ultimate Machines

Emerson's IP 4th and 5th grade classes were invited to the Natural History Museum of Utah on Wednesday February 7, 2018. They were the first kids to explore their new exhibit, Nature's Ultimate Machines. This new exhibit let's students explore in both English and Spanish. There, students got the opportunity to immerse themselves in the marvels of natural engineering. Students got a hands on experience to explore topics of nature's machines. Students even received the opportunity to talk with scientists who specialize in such marvels.

These exhibits helped students learn about how the wing has evolved to help animals fly. How their own muscle strength is compared to chimpanzee and why. How hard a giraffe's heart works to pump blood, and how animals survive? Students were engaged in the interactive and digital exhibits. They got to use their own wing force to make a chair spin. Students also enjoyed seeing how much energy it takes for a giraffe to pump blood from its heart to its head, and who is as strong as a chimpanzee. Students studied the many ways different creatures jump, gallop, slither, and swim.

All of the incredible natural machines were connected to technological breakthroughs like Velcro, wind turbines and chainsaws. It was an awesome opportunity for students to make connections with the natural world and innovations that make life better!



Emerson ELP kindergarten under threat.

Superintendent Cunningham has recently proposed reducing the number of ELP kindergarten classrooms down to two. The proposal specifically would drop the Emerson Spanish-Immersion kindergarten and leave intact the kindergartens at Hawthorne and Whittier. First through 6th grades would remain intact at all three programs. The proposal cites low enrollment in the combined ELP programs and a lack of native Spanish speakers enrolled in what was originally designed as a 50:50 English/Spanish-Dual immersion. The issue is complicated by an attempt (or lack thereof) to engage a broader demographic of SLC which might be easier to do between K and 1st grade when students are enrolled rather than prior to kindergarten as it is primarily done now. A small number of Emerson parents spoke out about against this proposal at a recent board meeting. <https://www.sltrib.com/news/education/2018/03/07/parents-salt-lake-school-district-argue-over-cutting-kindergarten-level-dual-language-immersion-class/>

Parents who wish to become involved can write to their school board member (<https://www.slcschools.org/>), can contact the Emerson PTA at emersonPTA@gmail.com, or the PTA ELP representative Suyin Chong suyinchong@icloud.com.

Health and Wellness Month

March is Health and Wellness Month at Emerson. Each week we'll focus on a different area of wellness, from **Hydration, Mindfulness, Sleep and Exercise**. Students are encouraged to check the activity calendar each day and check off any activities they complete. **Return the calendar to the school for a prize from the PTA.** Exercise week is spring break so make sure to get outside and play, hike, camp, ski and explore – take a picture and bring it in for the exercise collage. **The PTA is also compiling a digital student cookbook, with favorite recipes.** The school has been focusing on mindfulness for the entire school year. Students are learning to meditate and some classes are using yoga to focus their energy and strengthen their body. Remember that a healthy body makes a healthy mind. At Emerson, we support the whole student.



Emerson Directory

A thank you to Roxann Bridge who compiled and formatted the directory this year. (Side note, this was a lot of back and forth for a few months and I'm happy she stuck it out).

It is one directory per family and if a family did not get one to please see Linda in the office.

The Morning Cafeteria Program took off incredibly. We had eight monitors show up at the first Friday training. As of last night, we currently have 20% of the volunteer shifts booked for the rest of the school year. We're looking for a few more parents to sign up. [Sign up](#) and information below. 7:30-8:05am, M, T,Th, 1st & 3rd Fridays.

The Four Most Common Types of Bullying

Students at Emerson know to use **STOP, WALK, and TALK** as a way to respond to bullying. There are many different types of bullying that can be experienced by children. The definition of bullying includes unwanted aggressive behavior, perceived imbalance of power, and happens more than once. The four types main categories include physical, verbal, relational, and cyber bullying. www.stopbullying.gov

Physical bullying includes hitting, kicking, tripping. Anytime someone is physically harming someone else or damaging their property. This is sometimes the easiest form to identify.

Verbal bullying happens if someone is name calling, insulting another person, teasing, threatening, or intimidating. While teasing someone can often start off harmless, it can easily escalate to hurtful and harmful levels.

Relational bullying is also sometimes referred to as **social bullying**. This type can be hard to recognize and usually is done indirectly to the target. Examples of relational bullying happens when someone prevents another person from joining or being part of a group. At lunch, during a game, sport, or social activities are some examples of where relational bullying could happen.

Cyber bullying is when someone is being disrespectful online, through emails, text messages, or social media posts. These unkind messages can cause someone to feel uncomfortable or unsafe. Try to listen, reassure, ask for details, and contact the school if your child does approach you about being bullied.